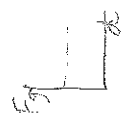
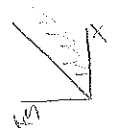


Unit Four: Energy, Work and Power

Work	Energy
Work against gravity $W = F_g d$ 	Potential Energy $PE = mgh$
Work on a frictionless horizontal surface $W = (F_{net})(d)$	KE = $\frac{1}{2}mv^2$ KE = max where $ad = \frac{1}{2}at^2$ causes increase in speed.
Work on a Spring  $W = F_s x$	PE_s = $\frac{1}{2}kx^2$
Work done against Friction $W = F_f d$ waste	Internal energy Q

Work done should cause an increase in energy. If it does not it is work against friction and causes Internal energy (Q)

Equations

$W = Fd$ (direction of force and d must be the same)

PE = mgh

KE = $\frac{1}{2}mv^2$

PE_s = $\frac{1}{2}kx^2$ $F_s = kx$

Work done = Energy gained
 work = area of F vs d graph
 Remember that for springs the force is not constant (linear increasing) therefore $W = \frac{1}{2}F_s x$ (average force)

Unit Four: Conservation of Energy and Work against friction

Key to problem solving is finding point where all energy is in a single form

Ex: $PE = E_T$ at top

$KE = E_T$ at bottom

Remember:

Unless work is done
Total Mechanical energy
is constant

	PE+KE	E_T
Top		
Mid		
Bottom		

★ if an object is moving up will at constant speed (constant KE)
work must be done... therefore total Mechanical energy increases.

When friction or resistance is present

Negative work takes away from total mechanical energy
Internal Energy "Q" becomes heat

Equations

$$E_T = KE + PE \text{ (Frictionless)}$$

$$E_T = KE + PE + Q \text{ (Friction/Heat)}$$

Graphs

For constant E_T (dropped object)

