



LaGrange Middle School

ARLINGTON CENTRAL SCHOOL DISTRICT LAGRANGE MIDDLE SCHOOL

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Principal

Mr. Todd A. Richard

Assistant Principal

Mr. Juan Zucchero

Assistant Principal

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STUDENT ACTIVITY GUIDE

Our mission is to empower all students to be self-directed, lifelong learners, who willingly contribute to their community, and lead passionate and purposeful lives.

We Believe That:

- All people have inherent value.
- Lifelong learning is essential for growth.
- A community thrives when all members embrace their interdependence with compassion and empathy.
- Potential can only be attained through commitment, resilience, and high expectations.
- All people can learn.
- Change is essential for progress.
- All people are responsible for their choices and actions.

EXTRACURRICULAR ACTIVITIES

LaGrange Middle School is proud of the range of extracurricular activities it offers to students. The activity period enriches the school curriculum by making available a wide variety of activities in which a student can participate. Each student also has the opportunity to join the many clubs open every year. It is possible for students to request any new club or activity if enough students are interested in it, a faculty sponsor is available and if space and facilities can be provided. Students are encouraged to contact club or activity sponsors to obtain answers to specific questions they may have concerning the club of their interest.

The extracurricular activities programs and meeting days are identified early in September. Announcements of upcoming activities are made during morning and afternoon announcements, in selected classes and in flyers that are sent home with students.

All club activities are held after school at 2:10 p.m. Pupils' request for club membership is not a guarantee that he or she will be invited to join. Experience has shown that more pupils apply than it is possible to accommodate.

The following narratives describe clubs and activities customarily offered during the school year.

Anime Club

Listen for club announcements. For more information see the advisor.
Advisor: Ms. Castillo, Room 114.

Art Club

Listen for club announcements. For more information see the advisor. Sign up sheet will be posted on the Art Room A door. This club is for sixth, seventh and eighth graders. Advisor: Mrs. Every, Art Room A.

The Book Was Better Club

Join The Book Was Better Club, where we dive into comparing great books and their movie counterparts. Please join the Google Classroom page to check for meeting dates, announcements, and which book/movie we are working on. A permission slip is required to join this club. Advisor: Mrs. Jackson, Room 217

Chamber Orchestra

Chamber Orchestra is an ensemble for orchestra students to explore genres of music including (but not limited to) fiddle, pop, and classical. Please speak to Ms. Bettina if you are interested. Advisor: Ms. Bettina, Band Room.

Chess Club

The Chess Club is open to all students who play chess or would like to play chess. Meetings are held after school. Advisor: Mrs. Bauerlein, Room 208.

Coloring Club

Coloring Club is an opportunity to come and escape the stresses of middle school! Coloring can reduce stress and help with focus all while creating intricate designs! Sign up for the coloring club and bring a friend! Advisor: Ms. Knapp, Room 220

Community Service

Students will learn different ways to help our community. Projects include a coat drive, a food drive, and holiday card writing. All are welcome! Advisor: Mrs. Newsom, Room 201.

Creative Writing Club

The Creative Writing Club is devoted to the art of creative writing. Members are given many opportunities to practice and develop creative writing skills. A literary magazine for school-wide distribution in the spring will be written and compiled by the club. Advisor: Mrs. Cave Room 222.

Culinary Club

This club introduces students to the world of the culinary arts. Students will learn basic food preparation by making soups, candies, cookies, pies & much more. Kitchen space is limited so a limited number of students can participate. This club is very popular. Students should listen for announcements to sign up. Advisor: Mrs. Romano, Room 104.

Debate Club

Students will learn the skill of organized debating. We choose debate topics, research them thoroughly, and debate each other in teams. All are welcome! Listen for club announcements. Advisor: Mrs. Newsom, Room 201.

Digitech Club

Listen for club announcements. For more information see the advisor. Advisor: Mrs. Socci, Room 110.

Environmental Club

Advisors: Mrs. Breslow, Room 105; Ms. Cwik, Room 208

Equity Team

The LMS Student Equity Team is a group of students who work to make sure that LMS is a school where all students feel like they belong. We talk about ways to improve our school to help everyone feel accepted. Last year, we focused on the idea that "Words Matter" and that the way we talk to and about others is important. This year, students will be a part of the "No Place for Hate" committee and will have separate Student Equity Team meetings as well. Advisor: Ms. Ploetz, Social Worker (outside of guidance)

FCCLA Club

The Family, Career, and Community Leaders of America is a national student leadership organization that offers the members the opportunity to expand their experiences they have in FACS class.. Members prepare a presentation for state convention in STAR events and compete to represent NYS at the national convention every July. Advisor: Mrs. Romano, Room 104.

French Club

Join the French Club! All sixth, seventh, and eight graders (you do not have to be taking French) are welcome to join. We will explore French culture through activities such as arts & crafts, cooking & eating, movies, and more! Listen to the announcements for meeting dates or check on the LMS FRENCH CLUB Google Classroom Page. ROOM 214 Sign-up using Google Classroom code hnw5fra. Advisor: Ms. Tetreault, Room 214

Get Fit Club

Students who get involved in the fit club make a commitment to better eating habits and improvements in their activity and fitness level. Students accomplish this by charting what they eat and the activities that they get involved in, during and outside of school. Get fit cards are monitored by a fitness coordinator; a physical education teacher. Prizes are awarded to students who reach their goals. Advisor: Mr. Misch, Gymnasium Grade 7, Mr. Fendrich, Gymnasium Grade 8(), Mr. O'Halloran, Gymnasium (Grade 6)

Harry Potter Club

The Harry Potter club is where muggles and wizards meet to create projects, discuss characters, and immerse themselves in the wizarding world. A permission slip is required to join this club. Listen to announcements and join the Google Classroom page for meeting dates and other announcements. Advisor: Ms. Jackson, Room 117

Hiking Club

Please visit the Hiking Club Google Classroom or listen to announcements for information about upcoming hikes. The classroom code is "wx2yhdv". Advisor: Ms. Pollack, Room 117; Mr. Fiore, Room 207

Italian Club

Listen for announcements. For more information see the advisor. Advisor: Ms. Cossu, Room 216.

Jazz Band

The Jazz Band meetings will take place afterschool on Thursdays. This ensemble consists of music students who have advanced enough on their instruments to perform the music and who enjoy playing and learning about jazz. Membership is determined by the band director. Speak to the band director if you are interested. Advisor: Mr. Ryan, Band Room.

Math Games

Listen for club announcements. For more information see the advisor. Advisor: Mrs. Hopper, Room 105.

LAGRANGE MIDDLE SCHOOL HONOR KEY PROGRAM

The LaGrange Middle School Honor Key program recognizes students who have committed themselves to academic excellence, citizenship, community service and exemplify the Arlington Central School District mission.

To be eligible for the LMS Honor Key program, a student must have earned a cumulative average of 93 or above over the first eight marking periods of middle school. Honor Key students must also exemplify Arlington's core values and demonstrate that they strive to fulfill the Arlington Central School District mission. Students whose average rises to 93 or above will receive notification after the fourth marking period of their 7th grade year that they are qualified to participate in the Honor Key program in 8th grade.

In order to maintain membership in the LMS Honor Key program in 8th grade, students are expected to do the following:

- Participate in building and community based service activities.
- Continue to excel academically while maintaining a 93 cumulative average.
- Demonstrate outstanding citizenship and character.
- Exemplify the core values of the ACSD mission.

The advisors will monitor the Honor Key student's commitment throughout their 8th grade year to determine continued eligibility. Honor Key students who continue to meet membership requirements will be acknowledged at the end of their 8th grade year.

Advisors: Mr. Fiore, Room 207 & Mrs. Cropley, Room 209.

Newspaper Club

The Newspaper Club is open to all students interested in contributing to the school newspaper. Students learn reporting and interviewing skills, paper layout, and how to write articles that reflect the interests of the LMS community. Reporters cover school events; write reviews, conduct surveys, report on sports or entertainment, profile staff members, & much more. Advisor: Mrs. Eschbach, Room 218.

Poetry Slam

Listen for announcements. For more information see the advisor. Advisors: Mrs. White, Room 220.

Puzzles and Games

Listen for announcements. For more information see the advisor. Advisors: Mrs. Cave, Room 222.

School Musical

Listen for announcements. Advisor: Mrs. Harper, Chorus Room.

Ski Club

Ski & Snowboard Club takes five trips on Saturdays in January through March. Coach buses are taken to the mountains and discounted lift tickets are available for purchase. Listen for announcements for the start of this club. Advisor: Ms. Newsom, Room 201.

Student Council

Sixth and seventh grade homerooms elect one representative and one alternate to be on Student Council. Eighth grade students volunteer to participate in the Student Council. Some of the activities the Student Council plan and are involved in are School Spirit Days, School Dances, after school trips, fundraising, food drives, adopt a family and Talent Show. Advisors: Ms. Pcolar, room 121.

Study Skills Club

The Study Skills Club is open to all grades. Students who are interested may stay after school to receive additional support in improving their organization and study skills. Advisor: Mrs. Otero-Fine, Room 119.

Talent Show

Listen for announcements. For more information see the advisor.
Advisor: Mrs. Harper, Chorus Room.

Tech Crew

Tech Crew will focus on the technical aspect of production. Students will learn how to use audio and lighting equipment to put on a theatrical show from behind the scenes! This club will begin in October and will meet weekly. The frequency of our meetings will increase as the school play's opening night gets closer. We welcome returning students and new students alike! See Mr. Jarvis in room 205 for details. Advisor: Mr. Jarvis, Room 205.

Today's Students, Tomorrow's Teachers

Listen for club announcements. For more information see the advisor.
Advisor: Ms. Christensen

Yearbook

Yearbook Club is the student organization that works to create our book of memories for the year. From artwork to computer skills, typing and organizing, many different jobs are required to create a successful yearbook. Time, willingness to work and dedication are what it takes to belong to this club. Advisor: Ms. Papp, Room 202

*The ability to offer all of these activities depends on student interest,
the availability of faculty advisors, space and facilities*

INTRAMURAL ACTIVITIES

LaGrange Middle School’s Intramural Program is ***open to all students in grades six, seven and eight.*** The main objective of the Intramural Program is to provide a non-competitive atmosphere for all students interested in sport activities beyond those regularly offered in the Physical Education Class.

The schedule of Intramural Activities customarily offered includes:

<u>FALL</u>	<u>WINTER</u>	<u>SPRING</u>
Capture the Flag	Basketball	Basketball
Floor Hockey	Weight Training	Circuit Training
Football		Field Hockey
Gymnastics (O'halloran)		Hiking
Kickball		Running
Lacrosse		Soccer
Soccer		Street Hockey
Ping Pong		Tennis
Tennis		Walking
		Gymnastics Spring Session (O'Halloran)
	<i>FanZone 6th year running (recess and activities held until the basketball games and wrestling events start. This keeps the students in school so they can enjoy the games at 4:15. Supervised by Mr. O'Halloran -16 sessions full intramural.</i>	

Intramural Activities are held after school. They are generally offered in six to eight week sessions. Announcements of upcoming activities are made by public address, Physical Education class announcement or informational flyer. Following these announcements, students may sign up in gym classes and during their lunch period.

If the activity is held at or near the LaGrange Middle School, students will be able to ride the activity bus home. Some off campus activities may require parents to provide transportation home from LaGrange Middle School.

For all on campus activities, students should dress in the clothes provided for gym class. This is done to insure safety and avoid destruction of personal property.

The ability to offer all these activities depends on student interest and the availability of faculty sponsors, space and facilities.

INTERSCHOLASTIC SPORTS

LaGrange Middle School's Interscholastic Sport Program is open to eligible students in **seventh and eighth grades.**

The schedule of Interscholastic Sports customarily offered includes:

FALL

Cross Country
Boys Soccer
Volleyball
Field Hockey

WINTER

Girls Basketball
Boys Basketball
Wrestling

SPRING

Boys Baseball
Girls Soccer
Softball
Track & Field
Boys & Girls Lacrosse

Interscholastic Sports is a program of advanced competition for all seventh and eighth grade eligible boys and girls. Rules and guidelines for each sport offered are set by the New York State Athletic Association. Some LaGrange Middle School teams will require tryouts and some teams will be able to allow all students signing up to participate. Practices occur daily after school, while games may be scheduled any day Monday through Friday with Saturday used occasionally.

Physicals administered by the Arlington Central School District physician are required before the season begins for all students interested in participating. Sign-ups for this process will take place in all gym classes prior to each sport season.

We are now offering the convenience of online registration/sports clearance through FamilyID (www.familyid.com). FamilyID is a secure registration platform that provides you with an easy, user-friendly way to register for our Interscholastic Athletic Teams, and receive sports medical clearance. Family ID also helps us to be more administratively efficient and environmentally responsible. When you register through FamilyID, the system keeps track of your information in your FamilyID profile. You enter your information only once for each family member for multiple uses and multiple programs. USING ONLINE FAMILY ID WILL BE THE ONLY METHOD OF SPORTS CLEARANCE FROM NOW ON.

The ability to offer all these activities depends on student interest and the availability of faculty sponsors, space and facilities.

Cross Country	Cross Country is a distance running competition on courses that average one and one-half miles. There are approximately eight meets during the season.
Field Hockey	The Field Hockey Team is open to all seventh and eighth grade girls who are willing to participate. Tryouts are held during the first week of school in September. Players practice nearly every day. Practice times will vary. The season ends in early November.
Boys Soccer	Each fall, starting the first week of school, all seventh and eighth grade boys are eligible to try out for the School Soccer team. Forty to fifty players usually try out from which a team of twenty plus members are selected. Players practice nearly every day. Practice times will vary. The season ends in early November.
Volleyball	The Volleyball team is open to all seventh and eighth grade girls interested in a higher level of volleyball competition. Tryouts are held the first week of school in September. The season is comprised of fourteen matches and will run until the second week of November. Practice is held each day and practice times will vary.
Girls Basketball	The Girls Basketball Team consists of approximately 15 to 17 seventh and eighth grade girls. Practices are held daily and about fourteen games are scheduled throughout the ten-week sports season. Tryouts for the sport are held in late November.
Boys Basketball	The Boys Basketball Team is open to all seventh and eighth grade boys. Tryouts are in late November. Boys must have a school physical and be prepared to attend five or six days a week. Boys who make the team will compete against other schools in the area.
Wrestling	Wrestling is a very demanding and athletic sport open to all boys in grades seven and eight. The season runs from the last week of November until the middle of February and consists of daily practices and ten matches versus other schools. Boys weight reduction or gain is watched very closely and they will only wrestle boys within ten pounds of their weight.
Boys	

Baseball

The Boys Baseball Team is open to all seventh and eighth grade boys. Tryouts are held in mid-March. Boys must have a school physical and be prepared to attend five or six days a week. Boys who make the team will compete against other school teams in the area.

Girls

Soccer

The Girls Soccer Team consists of approximately 20 girls in seventh and eighth grade. Tryouts are in late March. Practices are held each day and practice times will vary. There are a total of 12 games scheduled between mid-April and the end of May.

Softball

Softball is a team sport that provides students the opportunities to develop skills and learn the rules of the game through practice and competition. Ten to twelve games are scheduled each season.

Track & Field

Spring Track and Field runs from mid-March to early June offering seventh and eighth graders a wide range of athletic opportunities. The purpose is to encourage each student's leadership potential, establish self-discipline and improve individual self-esteem through athletic endeavor.

Girls and Boys Lacrosse

An exciting opportunity for two new teams this season, more information will follow.