



ARLINGTON CENTRAL SCHOOL DISTRICT

Jill A. Post

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Dear Families,

We look forward to partnering with you to ensure the health and safety of your child.

New York State Education Law (Section 903) requires that every child have a physical examination from a New York State provider no more than 12 months before:

- Entering the school district; or
- Entering grades K, 1, 3, 5, 7, 9 and 11.

Please ask your provider to complete the [NYS School Health Examination Form](#) and return it to the Health Office within 30 days of your child entering the school or the grade which the physical is required. Your physician can also fax the NYS School Health Examination Form to your school's health office. [Please click here for a list of health office fax numbers.](#)

An updated immunization record MUST be attached to the NYS School Health Examination Form. Your child's updated immunization record must be signed and stamped by your provider.

New York State Education Law (Section 903) also requires the school district to request a Dental Health Certificate. Please have your provider complete this [Dental Health Certificate form](#) and return it to the Health Office.

If in-school medications are required for your child, a written physician's order and a [Medication Order Form](#) (available on our website and from the Health Office) are required for both prescribed and over the counter medications. In self-carry/self-administration cases, your child's physician must include an attestation statement which is part of the Medication Order Form.

Please return all documentation to the Health Office within 30 days of your child's entrance to school. Forms can be mailed or dropped off at the school. If the NYS School Health Examination form is not received within 30 days, a health appraisal will be conducted by the school physician or their associate through the school health program.

Sincerely,

Jill A. Post

Our mission is to empower all students to be self-directed, lifelong learners, who willingly contribute to their community and lead passionate, purposeful lives.