

Predicted Spring Track Schedule 2025

Meet	Date	Location	Time	Bus Time
Dual Meet	Wednesday March 26th	Carmel HS		
Tusker Twilight Invitational	Friday March 28th	Somers HS		
Nyack Red and Black Invite	Saturday April 5th	Nyack HS	3:00pm	1:00PM
Dual Meet				
Gander Invitational	Saturday April 19th	Rondout Valley HS	10:00AM	7:00AM
<i>Penn Relays</i>	<i>Thursday April 24th -Girls 4x100 4x400 only</i>			
<i>Penn Relays</i>	<i>Friday April 25th</i>			
<u>League Championship</u>	Monday April 28th	Arlington HS	4:00pm	
<u>League Championship</u>	Tuesday April 29th	Arlington HS	4:00pm	
Somers Lions Invitational	Friday May 3rd	Somers HS	4:00pm	2:30PM
Somers Lions Invitational	Saturday May 4th	Somers HS	9:00AM	7:00AM
<i>Loucks Games</i>	<i>Thursday May 8th- Saturday May 10th</i>	<i>White Plains HS</i>		<i>TBD</i>
<u>Counties Championship</u>	Saturday May 17th	Arlington	9:00AM (Meet will go until approximately 3:30pm)	
<u>Class AA Championship</u>	Things the one I'm really not sure about yet because states is later this year May 22-24 or 29-31			Thursday Friday or Saturday
<u>State Qualifier</u>	Thursday June 5th	AHS	5:00PM	
<u>State Qualifier</u>	Friday June 6th	Suffern	5:00PM	1:00PM
<u>State Championship</u>	Friday June 13th- Saturday June 14th	Middletown HS		

Spring 2024

COACH ARNETT