

NAME _____ Per. _____ Date _____
Growth and Development Mrs. Leitheuser, NBCT

<https://www.youtube.com/watch?v=iESjpFzJ7A8>

[development across the lifespan](#)

[http://www.ted.com/playlists/171/the most popular talks of all?gclid=CKGzkquRvs0CFQYuaQod1Q8IUw](http://www.ted.com/playlists/171/the_most_popular_talks_of_all?gclid=CKGzkquRvs0CFQYuaQod1Q8IUw)

[Power of body language 21 min](#)

<https://study.com/academy/lesson/principles-of-growth-and-development.html>

What is Lifespan development and why is it important?

lifespan development -the field of study that examines patterns of growth, change, and stability in behavior that occur throughout the entire life span.

Lifespan development focuses on **human development** and this case, human development across the entire life-span **from prenatal development to elderly development**. In doing that, we will look at challenges at each stage of the lifespan and our projects will reflect that.

What influences our growth and development across the lifespan?

- Culture and **ethnicity-both broad culture and aspects of culture, such as race, ethnicity, and socioeconomic status**.

How Culture, Ethnicity, and Race Influence Development

Mayan mothers in Central America are certain that almost constant contact between themselves and their infant children is necessary for good parenting, and they are physically upset if contact is not possible. They are shocked when they see a North American mother lay her infant down, and they attribute the baby's crying to the poor parenting of the North American.

(Morelli et al., 1992)

- Membership in a cohort, based on age and place of birth

Characterizing growth and development across the lifespan and breaking down each type of development:

- **Growth** refers to increasing in size and becoming stronger
- **Development** takes place as a result of growth and involves bringing together and advancing physical abilities, improving skills, and defining a personality (development refers to the processes involved in forming a unique person, an individual.

Principles of Growth and Development

Children's growth and development tend to follow patterns

- Cephalocaudal development - growth begins at the head and moves to the tail
- Proximodistal development - growth proceeds from near to far
- Continuous and orderly growth - growth is going on all the time and in an orderly manner
- Simple to complex development - child builds on his/her own physical growth and maturity ex. Hand skills
- Physical development - reflects in changes of the body, in motor abilities, and in coordination
- Emotional development - reflected in feelings, especially feelings about oneself and their relationships with others
- Social development - refers to learning to care for and to love people
- Moral development - involves learning a sense of right and wrong
- Language and speech development - involves learning to communicate with others

- Mental development (cognitive development or intellectual development) - concerns how the mind moves from simple and partial ways of learning and solving problems to more complex and complete ways
- Spiritual development - developing an awareness of life's meanings and gaining the personal strength necessary to live consistently with one's beliefs

Each type of development affects the others.

Development repeats itself - tasks of development are faced with similar ways at various times in life but with different challenges

Ex: independence

Theorists study types of developments and create stages or theories on a development.